

International Wound Infection Institute (IWII) Wound Infection in Clinical Practice. Wounds International. 2022.

Table 1: Factors associated with increased risk of wound infection

Individual (host) risk factors¹⁻¹⁸

- Poorly controlled diabetes (i.e., hyperglycaemia)
- Peripheral neuropathy (sensory, motor and autonomic)
- Neuroarthropathy
- Radiation therapy or chemotherapy
- Conditions associated with hypoxia and/or poor tissue perfusion (e.g., anaemia, cardiac disease, respiratory disease, peripheral arterial disease, renal impairment or rheumatoid arthritis)
- Immune system disorders (e.g., acquired immune deficiency syndrome)
- Connective tissue disorders (e.g., Ehlers-Danlos syndrome)
- Corticosteroid use
- Malnutrition or obesity
- Alcohol, smoking or illicit drug use
- Poor compliance with treatment plan

Wound risk factors^{3, 7, 9, 17, 19-21}

Acute wounds

- Contaminated or dirty wounds
- Traumatic injuries
- Operation is classified as contaminated or dirty
- Inappropriate hair removal
- Operative factors (e.g., prolonged surgery, blood transfusion or hypothermia)

Chronic wounds

- Duration of wound
- Large wounds
- Anatomically located near a site of potential contamination (e.g., perineum or sacrum)

Acute and chronic wounds

- Foreign body presence (e.g., drains, sutures or wound dressing fragments)
- Haematoma
- Necrotic or sloughy wound tissue
- Impaired tissue perfusion
- Increased exudate and oedema that is not adequately managed
- Wounds over bony prominences or probing to bone
- Involvement of tissue deeper than skin and subcutaneous tissues (e.g., tendon, muscle, joint or bone)

Environmental risk factors^{3, 6, 17}

- Unhygienic environment (e.g., dust, unclean surfaces, or presence of mould/mildew)
- Hospitalisation (due to increased risk of exposure to antibiotic resistant microorganisms)
- Inadequate hand hygiene and aseptic technique
- Inadequate management of moisture (e.g., due to exudate, incontinence or perspiration)
- Interface pressure that is inadequately off-loaded

Table 01 References

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